

# welcome

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**Welcome to Ski Academy Switzerland (SAS)**, provider of the most extensive and affordable Snowsport instructor and performance training courses on the market. Our courses are based in the middle of the Swiss Alps where we can offer high quality instructor and personal development programmes

SAS is the only official PSIA (Professional Ski Instructors of America) training school in Europe which ensures that you will receive top quality tuition from experienced and modern thinking PSIA and BASI (British Association of Snowsport Instructors) coaches. SAS has worked hard to receive recognition from USSA (United States Ski and Snowboard Association) and following a successful 2008/9 season delivering L100 courses we are pleased to announce that we will be doing the same in 2009/10.

We have many close links with European and USA ski schools and many of our ex-students are now enjoying a new lifestyle instructing and coaching in ski resorts all over the world!

Our courses run throughout the year from Spring to Winter and there are a large range of dates, the demand for SAS courses continue to grow. Therefore, it is important that you book on to courses as early as possible to avoid disappointment.

We hope there is a course for you and we will try our best to accommodate your needs so please don't hesitate to contact us if you require additional information.

**For all the updated information please try our SAS website which includes special offers and the latest course news.**

**THE NO 1 SNOWSPORTS INSTRUCTOR PROVIDER FOR ALL YEAR ROUND TRAINING PROGRAMMES**



**SALOMON** 



**Saas-Fee**

S A A S T A L



**SNOWSPORT SCOTLAND**

The national governing body for skiing and snowboarding

[www.skiacademyswitzerland.com](http://www.skiacademyswitzerland.com)

## WHY WE ARE NUMBER ONE

- SAS can guarantee that we won't be beaten on our prices for standard of training we deliver! The only training provider to do this
- We are the only European training provider to offer the prestigious USSA coaching certifications
- We have a proven record and students who have attended our instructor and performance courses over the last five seasons have managed to obtain a 98% pass rate!
- We are not a ski school, but an independent training school (unlike many training providers) which means we can offer more training and skiing time for less as we don't have to pay hefty bills for ski instructors who are contracted in from a local ski school. The people who run SAS are also the same people who train, live and work in the resort with the students and we pride ourselves on the highest quality of training at good affordable prices
- We deliver the most extensive training out of any ski training provider
- We have chosen two of the best resorts in Switzerland and Europe. Gstaad and Saas-Fee offers world class skiing and good lively après ski to match
- We have an excellent relationship with Silver Sport, a ski and snowboard specialist shop providing SAS students with excellent discounts and can help in every aspect of equipment and set up
- Once students have qualified with SAS the ski instructor lifestyle has only just begun! We have many close links with European and USA ski schools and we can help you find ski instructor work after any of our programmes. Many of our ex-students are now using their newly acquired skills to enjoy a new lifestyle instructing in ski resorts all over the world!
- Each student shadows and experiences actual hands on teaching with a recognised ski school
- We place students in comfortable hotel accommodation with meals provided seven days a week.
- The SAS coaches and reps are on call 24/7 if there are any problems that might arise
- We are based in the middle of the Swiss Alps where we can offer French and German language lessons



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# coaches and staff

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**James Wilkinson**

**Director**

e: james@skiacademyswitzerland.com

**Sam Gibson**

**Ski Coordinator/BASI Coach**

e: sam@skiacademyswitzerland.com

**Jenna Barron**

**BASI Coach**

**Iwan Fuchs**

**PSIA Coach**

**Duncan Adamson**

**BASI Coach/Trainer**

**Regina Wilson**

**Office Manager**

**Our coaching team** possess great dedication and ability with experience teaching and examining at the highest level in Europe, North America and New Zealand. When you enrol with SAS, you can count on coaching that is customized to teach you the exact skills to progress and fulfil your potential. The coaches employed by SAS are English speaking (British); BASI and PSIA qualified and are members of the ISIA and IVSI.

Ski Academy Switzerland sets a very high standard and over the past five seasons we have managed to achieve a 98% pass rate on all our BASI and PSIA instructor courses

SAS is proud to be associated with BASI (British Association of Snowsport Instructors), PSIA (Professional Ski Instructors' of America), USSA (United States Ski and Snowboard Association) and Snowsport Scotland (SNSC). SAS has many close links with European and USA Ski Schools and are always looking to improve worldwide relations to ensure future employment for our trainee instructors.

**For more information on staff please visit our website**

## **ABOUT BASI, PSIA, USSA AND SNOWSPORT SCOTLAND**

BASI and PSIA are recognised worldwide as a provider of training and assessment of snowsport instructors from all over the world.

BASI and PSIA qualifications are of the highest quality and they are part of the International Ski Instructors Association (ISIA) which sets the standards for the training of snowsport teaching professionals.

We will be offering the BASI Level 1 and Level 2 or the PSIA Level 1 and Level 2 qualifications, both of which allows you to work in Europe, Canada, USA, NZ and many other destinations.

USSA is the national governing body for Olympic skiing and snowboarding, and the parent organization for the U.S. Ski Team and U.S. Snowboarding. USSA Education is responsible for providing educational resources and opportunities to over 3,500 member coaches. A multi-level certification program provides training in sport-specific techniques and tactics, sport sciences, and sport management.

SNSC is the National Governing body for all snowsports that take place on snow and artificial slopes in Scotland and the UK. SNSC awards form part of the UK Snowsports Pathway. This exciting new development means that the same awards are given by the home nation governing bodies across the UK and awards are valid throughout the UK.

## **INSTRUCTOR COURSES**

### **PSIA**

We offer the PSIA Level 1 and Level 2 certification. Each exam can be completed as a fast-track option which varies in length from 4 – 11 weeks. On our fast-track programmes it is also possible to complete the USSA L100 coaching course. The above courses will be on offer throughout the year.

#### **Outcomes**

**PSIA Level 1** – The certification is designed for those wishing to find employment in a mountain environment teaching beginner and intermediates skiers.

**PSIA Level 2** – Level 2 certified instructor demonstrates the ability to relate movements and skill areas to movement outcomes and to apply that knowledge to teaching situations common to Intermediate to advanced skiers.

### **BASI**

We offer the BASI Level 1 and Level 2 qualification. Each exam can be completed as a fast-track option which can be completed over a 9 to 11 week period.

#### **Outcomes**

**BASI Level 1** – Successful students will be issued a certificate and be able to work within a controlled environment with novice and early intermediate skiers.

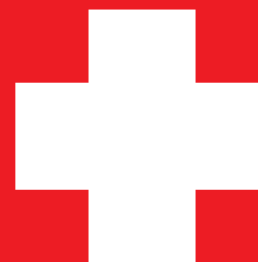
**BASI Level 2** – Successful students will be able to ski a competent level, and have the knowledge, ability and understanding to safely teach alpine skiing up to and including parallel standard on marked pistes.

### **USSA**

We will be offering the L100 coaching course during the autumn and winter 2009/10. The Level 100 certification is designed for entry-level coaches. It is an introduction to the fundamentals of alpine ski racing and coaching.

## **PROFESSIONAL DEVELOPMENT AND SNSC COURSES**

We offer 1 to 4 weeks training available for all ISIA/ISTD qualifications and ASSI/ASL qualifications and conversions. This includes: Personal Development, Mogul Development, Race Training, Off-Piste Training, PSIA Educational Updates and Race Coaching Course.



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# summer PSIA instructor course

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**We offer the** PSIA Level 1 on our summer ski instructor courses between the months of July and August.

## **THE 4 WEEK COURSES WILL INCLUDE:**

- PSIA Level 1
- Personal Ski Development
- Professional Teaching Development
- Professional Knowledge
- Winter season 2010/11 possible work opportunities as a ski instructor work with our partner ski schools (optional).

**Please see course calendar (dates and prices section) for more information on specific courses.**

Over the 4 week course the SAS coaches provide a constant personal development ski and teaching programme which covers all modules and every aspect of the PSIA Level 1 syllabus.

During the course students will have the chance to work with our partner ski schools directors from Europe and USA (Verbier, Gstaad, Mount Snow, Killington to name just a few!) conducting informal interviews for ski instructor positions within their ski schools for the 2010/11 winter season.

The Summer PSIA Instructor Course will be based in Saas-Fee.

## **Pre-selection**

Before applying to the PSIA Level 1 course students are required to ski parallel turns confidently and coping with a variety of conditions on red runs.



## **INTERNSHIP PSIA INSTRUCTOR COURSE**

The SAS internship scheme which has been subsidised by our partner ski schools is the ideal for course for those looking at qualifying for the PSIA L1 and then working for the rest of the season as a ski instructor!

### **The Internship Scheme will be split into two parts:**

- November to December 2009 train and qualify for the PSIA level 1.
- January to April 2010 guaranteed PAID (on successful application) work as a ski instructor with our partner ski schools.

Over the 4 week course the SAS coaches provide a constant personal development ski and teaching programme which covers all modules and every aspect of the PSIA Level 1 syllabus. This will include teaching sessions, shadowing, steepes, bumps, piste and off piste performance. After students have qualified for the PSIA Level 1 there will be an extra week of ski school training to prepare (not supplied by SAS) for the 2009/10 winter season in the Swiss Alps.

The ski schools that students will be working for provide unique, high-quality winter ski programmes and fully supervised on and off evening leisure programmes for school groups of varying ages and abilities. Whilst teaching, you will be in charge of your own group (including adults and students) for the 6 day period; this will be the perfect opportunity to gain some valuable teaching experience, (150hrs required for the PSIA L2 instructor course) improving the students knowledge, skills, and technique whilst getting paid throughout the week! It will be your responsibility to assess the students throughout the week for the Snowsport Snowlife Awards with a timed slalom race and prize presentation to conclude the week.

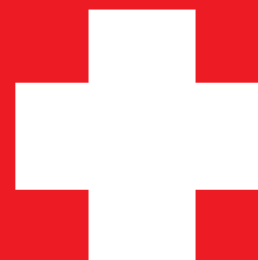
**For more information on the ski schools please go to:**

[www.leselfes.com](http://www.leselfes.com)

[www.myswisscamp.com](http://www.myswisscamp.com)

### **Pre-Selection**

Applicants must be strong skiers, dedicated to their chosen profession and show a willingness to learn and work in an established ski school with children of all ages. Telephone interviews will be conducted before any applicant is accepted for this programme. We have only 4 places available for this programme.



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# autumn PSIA instructor courses

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**We offer the** PSIA Level 1 and the USSA Level 100 race coaching course (optional) on our autumn PSIA ski instructor courses.

## **THE COURSES COMMENCE FROM NOVEMBER UNTIL JANUARY AND INCLUDE:**

- PSIA Level 1 Certification
- PSIA Level 2 Training
- USSA L100 Race Coaching Course (optional)
- Personal Ski Development
- Professional Teaching Development
- Professional Knowledge
- Winter season 2009/10 possible paid work opportunities as a ski instructor work with our partner ski schools (optional).

**We will have 4 week to 11 week courses available. Please see course calendar for more information on specific courses.**

On each autumn course the SAS coaches provide a constant personal development ski and teaching programme which covers all modules and every aspect of the PSIA Level 1 syllabus and training for the PSIA Level 2. This will include teaching sessions, ski school, shadowing, mountain safety, steeps, race training, bumps, piste and off piste performance.

After students have qualified for the PSIA level 1 there will be an additional 3 weeks of ski school training to prepare students for possible ski instructor work during the winter season. There is also an opportunity for students to take a 2 week extension which includes: USSA L100 race coaching course, bumps training course, avalanche awareness and ski tech course.

The autumn Courses will be part based in Saas-Fee for pre-season training (before December) and Gstaad for the remaining part of the course.

### **Pre-selection**

Before applying to the autumn course, students are required to ski parallel turns confidently and cope with a variety of conditions on red runs.



## AUTUMN BASI INSTRUCTOR COURSES

We offer the BASI Level 1 and Level 2 on our Autumn BASI ski instructor courses. The BASI Level 2 qualification is designed for those wishing to safely teach alpine skiing up to and including parallel standard on marked pistes.

**The course commences from November until January and includes:**

- BASI Level 1 Instructor Course (inc. all modules)
- BASI Level 2 Instructor Course (inc. all modules)
- Child Protection
- Personal Ski Development
- Professional Teaching Principles
- Training Material
- Winter season 2009/10 possible paid work opportunities as a ski instructor work with our partner ski schools (optional).

**Please see course calendar for more information on specific courses.**

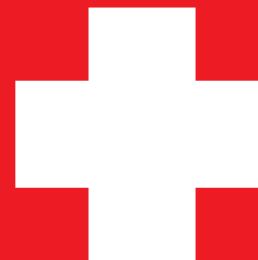
Over the 9 week course the SAS coaches will provide a constant personal development ski and teaching programme which covers all modules and every aspect of the BASI Level 1 and Level 2 syllabus. This will include teaching sessions, ski school, shadowing, mountain safety, steeps, bumps, piste and off piste performance and freestyle.

After students have qualified for the BASI Level 1 we will provide 4 weeks of further training to prepare students for the BASI Level 2 ski instructor qualification. There is also an opportunity for students to take a 2 week extension which includes: USSA L100 race coaching course, bumps training course, avalanche awareness, ski tech course.

The autumn Courses will be part based in Saas-Fee for pre-season training (before December) and Gstaad for the remaining part of the course.

### **Pre-selection**

Before applying to the autumn course, students are required to ski parallel turns confidently and cope with a variety of conditions on red runs.



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# winter PSIA courses

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**We offer the** PSIA Level 1 and the USSA Level 100 racing coaching course (optional) on our winter PSIA ski instructor courses.

## **THE COURSES COMMENCE FROM JANUARY UNTIL MID MARCH AND INCLUDE:**

- PSIA Level 1 Certification
- PSIA Level 2 Training
- USSA L100 Race Coaching Course (optional)
- Personal Ski Development
- Professional Teaching Development
- Professional Knowledge
- Winter season 2009/10 possible paid work opportunities as a ski instructor work with our partner ski schools (optional).

**We will have 9 week to 11 week courses available. Please see course calendar for more information on specific courses.**

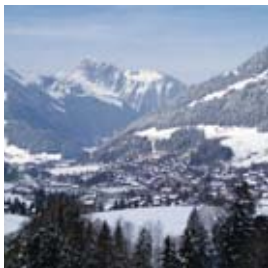
On each winter course the SAS coaches provide a constant personal development ski and teaching programme which covers all modules and every aspect of the PSIA Level 1 syllabus and training for the PSIA Level 2. This will include teaching sessions, ski school, shadowing, mountain safety, steeps, race training, bumps, piste and off piste performance.

After students have qualified for the PSIA level 1 there will be an additional 3 weeks of ski school training to prepare students for the PSIA Level 2. There is also an opportunity for students to take a 2 week extension which includes: USSA L100 race coaching course, bumps training course, avalanche awareness and ski tech course.

The winter PSIA course will be based in Gstaad.

### **Pre-selection**

Before applying to the winter course, students are required to ski parallel turns confidently and cope with a variety of conditions on red runs.



## WINTER BASI COURSES

We offer the BASI Level 1 and Level 2 on our winter BASI ski instructor courses. The BASI Level 2 qualification is designed for those wishing to safely teach alpine skiing up to and including parallel standard on marked pistes.

**The course commences from January until mid March and includes:**

- BASI Level 1 Instructor Course (inc. all modules)
- BASI Level 2 Instructor Course (inc. all modules)
- Child Protection
- Personal Ski Development
- Professional Teaching Principles
- Training Material
- Winter season 2010 possible paid work opportunities as a ski instructor work with our partner ski schools (optional).

**Please see course calendar for more information on specific courses.**

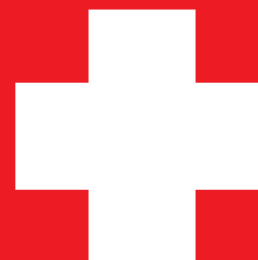
Over the 9 week course the SAS coaches will provide a constant personal development ski and teaching programme which covers all modules and every aspect of the BASI Level 1 and Level 2 syllabus. This will include teaching sessions, ski school, shadowing, mountain safety, steeps, bumps, piste and off piste performance and freestyle.

After students have qualified for the BASI Level 1 we will provide 4 weeks of further training to prepare students for the BASI Level 2 ski instructor qualification. There is also an opportunity for students to take a 2 week extension which includes: USSA L100 race coaching course, bumps training course, avalanche awareness and ski tech course.

The winter BASI course will be based in Gstaad.

### Pre-selection

Before applying to the winter course, students are required to ski parallel turns confidently and cope with a variety of conditions on red runs.



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# application form (instructor courses only)

Course .....  
 Surname (Mr, Mrs, Ms, Miss) .....  
 Forenames .....  
 Date of birth ..... Sex .....  
 Address .....  
 ..... Post Code .....  
 Tel .....  
 Fax .....  
 Email .....

## PERMANENT CONTACT ADDRESS

(If different from above)

Address .....  
 ..... Post Code .....

Skiing experience/qualifications .....  
 .....  
 .....

What are your main aims for the course?

.....  
 .....  
 .....

Rank the following points in order of importance for you

(number one to eight – one being the most important)

Location ..... Teaching experience .....

Ski/Snowboard and teaching training ..... Après ski .....

Qualifications ..... Accommodation ..... Free time ..... Costs .....

Other qualifications

.....  
 .....

Hobbies and interests

.....  
 .....

Please list any medical conditions you may suffer from

.....  
 .....

I hereby declare that I have answered all questions truthfully and accurately

Signature ..... Date .....

**Photo required for all new applicants**

**Please write name on the back of photo**



## BOOKING FORM

Full Name .....

Address .....

Post Code .....

Tel (home) .....

Tel (work) .....

Mobile .....

Email .....

Special requirements (e.g. diet)

.....  
.....

Any medical conditions?

.....  
.....  
.....

Course

.....  
.....

Date .....

How did you hear about SAS? .....

We accept all major credit and debit cards. A credit card handling charge (depending on card) will be added for balance payments only.

Name on card .....

Card number .....

Expiry date ..... Valid from date .....

Issue no. .... Security code .....

The security code is located on the back of the card and is the last 3 digits.

Please make cheques payable to Ski Academy Switzerland required within 4 weeks of course start.

I declare that the information given in the course booking form is true and agree to abide by the terms and conditions of booking below.

Signed ..... Date .....

SAS strongly advises that all applicants ensure they are adequately covered, so we recommend that your insurance should not only be standard winter sports cover, but also include cover for Cancellation and Curtailment. This would that, in the event of, for example, an injury preventing you from completing the course, you would be able to claim back course fees, plus accommodation on a pro rata basis, i.e., you will get back what you have not used.

Upon completion of the booking form, you accept the Terms and Conditions of the booking and you must ensure that a parent or guardian signs the parental consent form, if the student is under 18 years of age.

Your booking application is taken as confirmed by SAS, upon receipt of the completed booking form (inc. full details of your preferred payment method).

Your booking form is to be included with a minimum £400 non-refundable deposit for any of our instructor courses.

The balance of payment, in respect of your booking, is due to SAS when confirmed on your course and must be received, in full, by the SAS office, no later than four weeks prior to the start of your course. The payment date will be clearly marked on your invoice.

Changes to the booking will only be accepted four weeks before the start of your course.

Changes must be confirmed in writing by fax, email or letter.

### In the event that you cancel your course booking, the following conditions apply:

- Up to four weeks prior to the course start date, you will forfeit the deposit.
- The SAS office must receive written confirmation of the cancellation four weeks in advance by fax, email or letter. If the student cancels or leaves any course they are participating in, neither the deposit nor the instalments are refundable or transferable
- All course invoices and resources will be sent to the address supplied on the booking form, it is your responsibility to keep the SAS office of any changes of address.
- If SAS decides to cancel the course, SAS will refund all monies.
- All students must be insured for their course. Students can contact the SAS office for any help or advice about insurance.
- No monies will be refunded by SAS in the event of injury sustained either before, or whilst participating, in the course, where injury leads to curtailment of the course; in this instance, it is necessary to make an insurance claim.
- If the venue, of the course, is adversely affected by snow, weather or any other circumstances, SAS reserves the right to cancel the course or alter the venue without prior notice or warning.
- All SAS students that are accepted to work for any ski schools must fill out their contract and abide by their terms and conditions. SAS cannot guarantee the amount of work offered by the ski school as this is down to the ski schools discretion. Whilst working for the ski school, SAS does not accept any responsibility and you will be treated as employees of the above for mentioned.
- If the exchange rate drops below one point six francs (1.6 Sfr) to one pound (£)1 then an additional fee will be charged.
- You agree, that except for death or personal injury arising through the negligence of SAS, SAS shall not be liable for any loss or damage arising whether in respect of death, bodily injury, illness suffered or contracted, loss, costs, damages or expense incurs.
- Anyone who completes the booking form, to apply to attend a SAS course, is agreeing to abide by these booking conditions



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# instructor package

	Summer PSIA	Autumn PSIA	Autumn BASI	Internship	Winter PSIA	Winter BASI
<b>PSIA Level 1</b>	✓	✓	✗	✓	✓	✗
<b>PSIA Level 2 Training</b>	✗	✓	✗	✗	✓	✗
<b>BASI L 1</b>	✗	✗	✓	✗	✗	✓
<b>BASI L 2</b>	✗	✗	✓	✗	✗	✓
<b>USSA L1 Race</b>	✗	2 week extension	2 week extension	✗	2 week extension	2 week extension
<b>Avalanche awareness</b>	✗	2 week extension	2 week extension	✗	2 week extension	2 week extension
<b>Race Training</b>	✗	✓	✓	✗	✓	✓
<b>Off-Piste</b>	✗	✓	✓	✗	✓	✓
<b>Video Analysis</b>	✓	✓	✓	✓	✓	✓
<b>Ski Tech Seminars</b>	✗	2 week extension	2 week extension	✗	2 week extension	2 week extension
<b>Pro discounts</b>		✓	✓	✓	✓	✓
<b>Language Lessons</b>	✗	On request	On request	On request	On request	On request
<b>First Aid Course</b>	✗	✓	✓	✓	✓	✓
<b>Work Opportunities/Shadowing</b>	✓	✓	✓	✓	✓	✓
<b>Christmas Break</b>	✗	✓	✓	✓	✗	✗
<b>SAS Salomon Ski Jacket</b>	2 week extension or £100 upgrade	2 week extension or £100 upgrade	2 week extension or £100 upgrade	2 week extension or £100 upgrade	2 week extension or £100 upgrade	2 week extension or £100 upgrade
<b>SAS T-Shirt</b>	£25 upgrade	£25 upgrade	£25 upgrade	£25 upgrade	£25 upgrade	£25 upgrade
<b>Lift Pass</b>	✓	✓	✓	✓	✓	✓
<b>Duration</b>	4 weeks	9 to 11 weeks	9 to 11 weeks	4 weeks	9 to 11 weeks	9 to 11 weeks
<b>Dates</b>	5 July– 2 Aug (1)	8 Nov– 30 Jan (1)	8 Nov– 30 Jan (1)	8 Nov– 6 Dec (1)	10 Jan– 14 Mar (1)	10 Jan– 14 Mar (1)
	2 Aug– 30 Aug (1)	8 Nov– 14 Feb (2)	8 Nov– 14 Feb (2)		10 Jan– 28 Mar (2)	10 Jan– 28 Mar (2)
<b>Cost</b>						
1	£2950	£5600	£6600	£3300	£5600	£6500
2		£6600	£7600		£6600	£7500

## FAQ'S

### 1. Where can I work with a BASI and PSIA qualification?

The qualifications that we offer able you to work in many places in Europe, USA, Canada and many other destinations, while it is fair to say that BASI can get you more work inside Europe, PSIA is more recognised outside of Europe and especially in the States..

### 2. How much can I expect to earn as a Snowsport instructor?

This very much depends on the ski school, qualification and where you are applying to. The salary can vary from £9 to £35 per hour in Europe to £6 to £25 per hour overseas. Ski schools in Europe are vastly different from those overseas (the States for example) where ski instructors rely on tips.

### 3. What level do I need to be to enrol onto a SAS course?

Unlike many ski training providers we have a low entry level and this level reflects on the ability of our coaches to get the best out of the students and reach the standard required to pass the instructor qualifications. We do however, ask that students must be able to ski red runs comfortably and with confidence.

### 4. How fit do I need to be?

Obviously the fitter you are the more you will get out of the course. Again there is no set level we ask, but the ability to ski the whole day is essential.

### 5. Are there any 'hidden' extras?

No. Everything that we have published in this brochure and the website we will provide for.

### 6. How much spending money will I need to take?

This depends on how much you like going out! We recommend a minimum of £75 per week for lunch and après ski.

### 7. Do I need to buy my own equipment?

Yes. It is not a viable or affordable option to rent equipment for such a long period. We have an excellent relationship with the local ski shop and they give all students a very good discount and the coaches will be on hand to recommend specific equipment.

### 8. Are there any age limitations for the course?

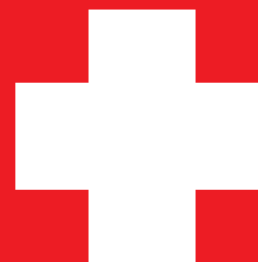
Yes, 17 years and above.

### 9. What kind of insurance is needed for a SAS/RAS course?

Please contact the office for more details.

### 10. Do we have any free time to ski without training?!

Of course! We realise students are not just here for the ski training much to the coaches disappointment! You will have 2½ days per week to relax and unwind.



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